

# OSPREY FLY BOX

## EKDAHL'S CHIRONOMID

*contributed by*  
**Chris Conn**

Chironomids are a large part of a trout's diet in lakes especially in spring. As the water temperature increases after ice off, chironomids start hatching, often in large numbers. As someone who fishes chironomid patterns extensively not only in spring but throughout the stillwater season, I'm always on the lookout for the next great fly.

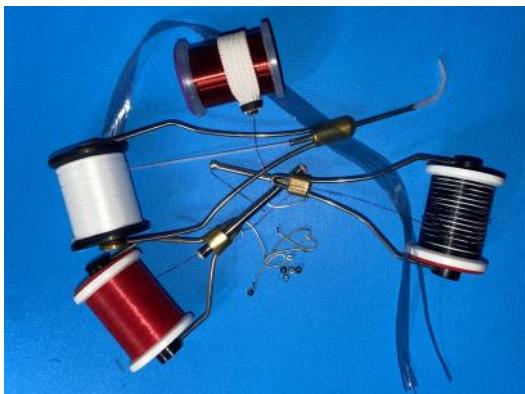
This fly was brought to my attention by fellow Osprey, Ed Stefanison. Ekdahl's Chironomid, created by Tyler Ekdahl from Maple Ridge, is a variation of an anti static bag (ASB) chromie pattern. The difference with this fly is that it incorporates a thin strip of ASB that does not completely cover the fly body. The ASB is wrapped around the fly following the wire rib allowing the black and red thread underbody to partially show through.

I've had great success with this fly and it is usually the first chironomid I'll tie on when I get on the water.



### MATERIALS

<b>Hook:</b>	Curved nymph size 14
<b>Bead:</b>	Black brass bead 3/32"
<b>Thread:</b>	UTC 70 Black and Red
<b>Gills:</b>	Uni stretch White
<b>Body:</b>	Red and black thread blended.
<b>Rib 1:</b>	UTC Small Red Wire
<b>Rib 2:</b>	ASB 0.75mm
<b>Coating:</b>	Thin UV Resin



### TYING INSTRUCTIONS



1. Place the Black Nickle bead on the hook shank with the large opening towards the eye. Start a thin thread base behind the eye.



3. Attach the Red thread to build a dam up against the bead. Flatten the thread by spinning the bobbin counter clockwise and wind down to well into the bend and return to the bead.





## TYING INSTRUCTIONS

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4. Tie in 0.75mm ASB rib material and bind to the end of the Red thread Base.



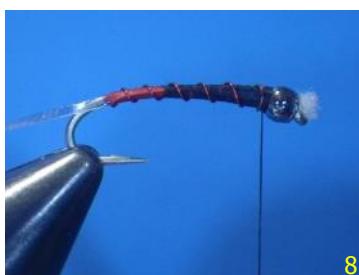
5. Measure the red wire so it will end at the bead and with the thread thinned out bind the wire down up to the bead.

6. Build up a slim tapered body with the Red thread ending up at the bead. Remember to frequently spin the bobbin counter clockwise.

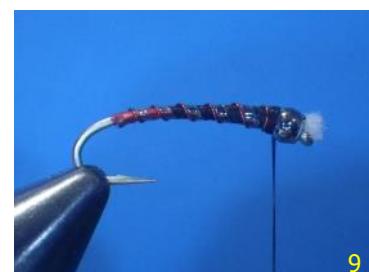
7. Tie in the Black thread at the bead and cut the Red thread. Now blend the colours. Spin the bobbin counterclockwise to uncord the thread. Wind the Black thread  $\frac{3}{4}$  way down the shank in open spirals. Continue to fill in the body back up to the bead making sure to leave open a few Red spaces as you come up the shank.

8. Counter wind the Red wire rib up in open spirals with 6 or 7 turns up to the bead and tie off.

9. Wind the ASB up tight in front of the Red wire. Tie off and clip the excess.



10. Build a thread thorax and whip finish. Apply UV finish cure.



*Tight Lines & Good Luck!*