

The Osprey Fly Box “Sexy Lingerie”

Since Dan Cahill, Frank DiGiovanni and I are going to the Bulkley this month, and since I’ve never fished there before, I thought I’d ask someone who goes to the area every year to give us a proven steelhead fly to use.

Frank Arcadi says, ” We have fished for steelhead on the Skeena system for many years and have found that black and purple seem to work very well for the fish up there. What I wanted to do was to increase the visibility of the fly under conditions of greater river turbidity. So after a few glasses of Australian Shiraz and tumbler of fine single malt with my comrades in arms (Edgar Lau, Steve Schwarz, Michael Kawerninski and John Dufton), “Sexy Lingerie” was born.”

“Being rather lazy, we have always sought simplicity in our steelhead patterns. If it takes more than 3 or 4 minutes to tie, it is not worth tying. Materials used are not absolute. I used synthetic fish hair for the tail and wing because it is what I had on hand. You could use any synthetic or natural hair as a substitute.”

“This is a very simple pattern tied in a traditional skunk manner: tail, body, throat and then wing. I tie this pattern in sizes 1/0 through to 6 although most commonly in sizes 2 and 4. I find that the most critical aspect of this fly is the combination of colours including black, purple and orange.”

“And yes, this pattern has landed many very nice steelhead specimens.”

Thanks Frank. I’ve got my ace fly tier spinning some up for the trip. (He also took the picture) I’ll let you know how we do.

Hook:	Mustad 36890 Sizes 1/0 through to 6
Thread:	Red
Tail:	Black synthetic fish hair
Body:	Orange chenille
Throat:	Purple flashabou
Wing:	Black synthetic fish hair
Overwing:	Pearl crystal flash

