

OSPREY FLY BOX

HEATHER NYMPH

contributed by
Wayne Jones

This fly was originated by Fenton Roskelley of Spokane Washington in 1960.

The concept of this fly is to imitate a damselfly nymph and other nymphs. This fly should be fished subsurface and deep, slightly above bottom.

I was fishing at Turquoise Lake, west of Cache creek in September and I was lucky enough to catch a couple of trout on this fly, prior to losing the fly to a weed bed.

The fly I was fishing had a yellow body. However, an internet search with Google suggests that the original pattern called for an "insect green" body - dubbing or substitute.

That said, the version used in the Cache Creek area and the one that proved successful for me was yellow.

TYING INSTRUCTIONS

Photography by Peter Chatt



- Debarb hook. Lay down a thread base
- Tie in red hackle fibres as the tail.
- On one side, tie in the gold wire rib.
- Tie in the split split yellow yarn a third of the way down the hook and tie in along the top of the hook. (when yarn is split it will lay flat allowing a smooth body)
- Wind the yarn forward to the tie in point to form the body. Clip excess
- Counter wind the wire forward to the front of the body. Clip the excess.
- Tie in a couple strands of peacock herl.
- Wind forward to form a thorax. Leave enough space for the hackle collar.
- Strip one side off a Grizzly Hen hackle and tie in by the tip.
- Make two or three wraps of the grizzly hackle, tie off and clip the excess.
- Form a small thread head.
- Whip finish and add a drop of head cement.



The Finished Fly



Heather Nymph

MATERIALS



- Hook:** Mustad 3906 Size #8 - #12
- Thread:** Black 680
- Tail:** Red Hackle Fibres
- Rib:** Gold Ultra Wire
- Body:** Rear 2/3's- Yellow Yarn or dubbing
Front third - Peacock Herl
- Hackle:** Grizzly Hen