

OSPREY FLY BOX

The Carrot

contributed by
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Several years ago I saw this fly in The American Nymph Fly Tying Manual and decided to tie it. The manual states the fly has been an old standby in the eastern U.S. and has been used in Idaho to catch rainbows and brook trout. On one trip up on the Skagit River, I saw two guys fishing who said they hadn't caught anything yet and had tried everything in their box. I moved out of their area and decided to try the Carrot nymph. To their surprise and mine, I caught two rainbows on my first two casts. I caught several others that day. I've also had good success trolling this fly on a sink tip line on lakes. It's worth trying.



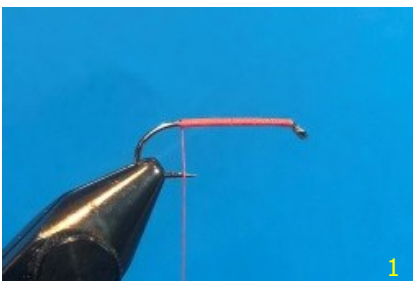
MATERIALS



List of Materials:

- Hook - Mustad 3906B Sizes 10-16
- Thread - Orange 6/0
- Tail - Black Saddle Hackle
- Body - Orange Thread, Wool, Antron or Dubbing
- Thorax - Black seal dubbing
- Hackle - Black Saddle Hackle

TYING INSTRUCTIONS



1. Tie on thread and put a base layer down to the hook bend.

2. Tie in about 10 saddle hackle fibres about a shank length past the bend.



TYING INSTRUCTIONS

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3. Tie in the chosen orange body material.



4. Build a torpedo shaped body up to the 2/3rd point and tie off.

5. Twist a small amount of black dubbing on the thread.



6. Build a neat thorax remove any leftover dubbing.

7. Tie in a single Black hackle by the stem.



8. Make 2—3 turns with the hackle then tie off.

9. Build a small neat thread head, whip finish and apply head cement.



Tight Lines & Good Luck!