

OSPREY FLY BOX

Blood Worm

contributed by

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Chironomus Riparius Midge Larvae A.K.A. Blood Worm

The Blood Worm is the first stage of the Midge or Chironomid. So accordingly they are good to fish early in the season. They are red due to storing of hemoglobin in their bodies. Because this hemoglobin is stored oxygen they can be found at several levels in the water column in the lake. In the process of collecting oxygen through their skin they have a tendency to have an undulating motion. I understand that this is also supplemented by some breathing through the mouth gills.

When and where to fish

Early in the season when the lake first opens up to early summer. Troll, strip or bottom bounce at drop offs in the lake. Consider stripping into the weeds near a drop off. If you are not bringing up the odd bit of salad you are not deep enough!

My Story

Went to Corbett Lake on April 27, 2019. Woke up to two inches of snow. Weather starting to improve midday so headed out on to the lake. The wind started up so I anchored fifty feet off the weeds at the lee end of the lake.

With my back to the wind I cast out towards the weeds. The wind picked up, so all I had to do was flick the line in the air and the wind would take the fly. Then just grab the line at the appropriate time to drop the hook. The temperature dropped and snow started up again. There I was with my back to an 80 kilometre wind, snow blowing horizontally, casting out to the weeds and getting a bite on every second cast.

I was in heaven until my finger tips in my finger-less gloves finally said it was time to finish.

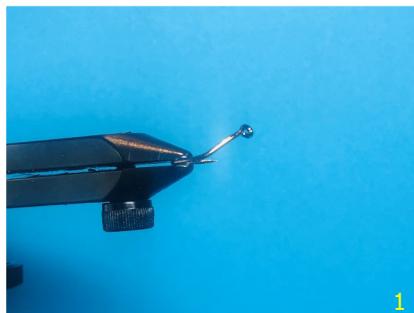
MATERIALS



List of Materials:

Hook -	Mustad C49S #8 to #14 (Bent)
Thread -	Black UTC 140
Under Body -	Thread (Silver Holographic Optional)
Body -	Red Nymph Rib or Vinyl Rib Small
Head -	Thread

TYING INSTRUCTIONS



1. Take a egg Caddis hook and with needle nosed pliers bend it slightly. (view from above)
2. Place in the Vise and attach the thread at the hook eye. Advance the thread down around the hook bend in touching turns for a smooth under body.



TYING INSTRUCTIONS*..... continued*

3. Cut a point into the red tubing and tie in. Uncord the thread and with touching turns return the thread to within a hook eye of the eye. (Option to tie in Silver Holographic Tinsel)



4. With close touching turns wrap the tubing up to the thread. Tie off and cut the tubing close.



5. Wrap the thread over the tubing and create a neat black head. Apply head cement and go fishing.



6. If you want a brighter Bloodworm tie in a strand of Silver Holographic Tinsel before tying in the tubing and wrap this up to the head before wrapping the tubing.

*Tight Lines & Good Luck!*