OSPREY FLY BOX

Spam & Eggs

contributed by

Ken Fraser

The Spam and Eggs a is bonefish fly pattern developed for large Bonefish in Hawaii by either Capt. Mike Hennessy or Coach Duff, Both are local fishing guides on Oahu. If you don't know, Spam & Eggs is a very popular dish in Hawaii. You can even get it at McDonalds! The Spam and Eggs is meant to imitate a Mantis Shrimp, which is one of the largest food sources for big Hawaiian Bonefish. Its signature look is the spider-like legs that splay out to each side. These legs move and undulate in the current, which entices the fish to eat. The Spam and Eggs can also be tied in olive colors, but the Tan color is the most popular and effective. If you're looking for an awesome fly for bonefish, the Spam and Eggs is a must-have in any Hawaiian bonefish fly box!



Materials



Hook -	#1-4 Gamakatsu SC15
Eyes -	Medium or Large Pseudo Eyes
Thread -	Tan UNI 6/0
Tail -	Tan EP Fibers, Fair Flies or Craft fur
Rib -	5# Mono
Body -	Tan EP Fibers, Fair Flies or Craft fur in a Dubbing Loop
Egg Sack -	Orange McFlylon or Artic Fox
Hackle -	Grizzly Hackle
Legs -	Tan Loco Legs

Tying Instructions



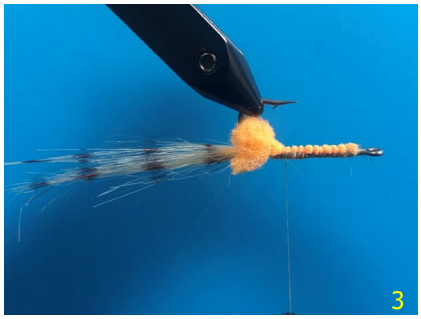
1. Place hook in the vise and run the thread down to the hook barb and return to two hook eyes back from the eye. Tie in the Tan EP fibers the length of the hook and extend back past the hook bend a shank and a half beyond the bend. Take the thread back up to the eye.

2. Take a brown sharpie and put 4 or 5 strips on the EP fibers.



Tying Instructions

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3. Invert the hook either by rotating the vise or flipping the hook. Tie in the McFlyon at the eye and tie down the length of the body extending just past the bend of the hook.



4. Invert the hook again and tie in the 5lb. mono rib down to the bend. With the thread at the bend tie in the Grizzle hackle by the stem.



5. Make a dubbing loop and insert the EP fibres in the loop. Spin and wrap up to the eye. Keep it fairly sparse so the under body shows through in the water.



6. Once you have tied off the dubbing loop cut the fibres close to shank.



7. Palmer the Hackle up to the eye in open spirals.



8. Wind and wiggle the rib in the opposite direction over the Hackle up to the eye and tie off. Use a bit of velco on a popsicle stick and rub the hackle and dubbing.



9. Build up a smooth base for the eyes and legs. Tie in three sets of legs on top of the shank using a figure eight wrap, Legs should extending to about half way down the tail.



10. Take the dumbbell eyes or bread chain if you don't want it to sink as fast. Figure eight the eyes to the top of the hook on top of the legs. Use horizontal thread wraps between the eyes and the shank to stop them from moving. Whip finish and use UV resin over the thread wraps

Tight Lines & Good Luck!